

# JUNIOR CHEF SOCIETY

## My Junior Chef Bio

Learn · Cook · Create

Chef Name: \_\_\_\_\_ Date: \_\_\_\_\_

Age: \_\_\_\_\_ My Chef Level:  Kitchen Explorer  Recipe Builder  Flavor Creator  Head Chef

### ALL ABOUT MY TASTE BUDS

My all-time favorite food: \_\_\_\_\_ A food I used to hate but now love: \_\_\_\_\_

Favorite cuisine (Italian, Mexican, etc.): \_\_\_\_\_ Favorite snack: \_\_\_\_\_

Something new I want to try: \_\_\_\_\_ A food that scares me (but I'm curious): \_\_\_\_\_

Favorite fruit: \_\_\_\_\_ Favorite protein: \_\_\_\_\_

### MY KITCHEN SKILLS

Favorite kitchen tool: \_\_\_\_\_ A dish I can make all by myself: \_\_\_\_\_

Favorite spice or seasoning: \_\_\_\_\_ Best thing I ever cooked: \_\_\_\_\_

A kitchen skill I want to learn: \_\_\_\_\_ My signature move in the kitchen: \_\_\_\_\_

### MY COOKING STYLE

I like my food:  Spicy  Sweet  Savory  Sour  Crunchy  Creamy  All of it!

In the kitchen, I am:  The Taste-Tester  The Fearless Taster  The Careful Measurer  The Inventor  The Helper

If I opened a restaurant, it would be called: \_\_\_\_\_

My dream meal to cook for my family: \_\_\_\_\_

### CHEF'S CHALLENGE

Three new foods I promise to try this month:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

#### THE JUNIOR CHEF OATH

*I promise to be brave with my taste buds, kind in the kitchen, and curious about every ingredient.  
I will try new things, learn from my mistakes (they're just discoveries!), and always cook with love.*